

# ON THE GROUND TO THE SADDLE EARNING EXPLANED

Here at Think Like a Pony, we are a holistic riding school, which means we offer a different approach to horsemanship. In this blog post, we will delve into the different learning techniques we cover when you join our online riding Club. If you are thinking about subscribing to our pony Club membership, read on to discover exactly what to expect.

# **ON THE GROUND LEARNING**

When you think about joining a pony club, it's normal for your mind to jump ahead to being in the saddle, but some of the most important learning we do here at Think Like a Pony happens on the ground. It is here that we explore key techniques, such as body language, breathing, authentic communication and much much more. We know how important all of these factors are and the positive effect that each one has on your horsemanship journey. Before you jump into the saddle, it is essential to earn your pony's respect and trust on the ground. During on the ground learning, you will get the opportunity to see how your breath, intention and body language allows you to create a harmonious relationship with your pony. When you join our online Club you will enjoy on the ground learning in a number of ways. This involves a series of video lessons with online assessments where you will earn badges to gauge your progress.

Groundwork skills that you can learn with us include:

- · learning how to lead your pony
- · learning how to communicate through pressure
- $\cdot$  equipment handling

These are just a few of the essential skills you will learn when you sign up for a Club membership. With over 76 badges to earn, you are guaranteed to enjoy learning with us every step of the way.



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**@think\_like\_a\_pony** For more information email info@thinklikeaponyclub.co.uk



The best part about the club is that you can learn all of these key skills at your own pace from home before taking these skills to your pony.

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## **IN THE SADDLE LEARNING**

Once you have learned how to communicate with your pony on the ground, it's time to earn your riding badges. You can do this through online video lessons before taking assessments and earning badges. The best part about the Club is that you can learn all of these key skills at your own pace from home before taking these skills to your pony. In this section, you will cover the foundation of pony riding to give you the confidence to excel in horsemanship. You will learn both practical and theoretical skills that will make you a better rider.

Riding skills that you can learn with us include:

- · balance awareness
- $\cdot$  moving in harmony
- $\cdot$  rein control

These are just a few of the practical skills you will learn with us.

### THE SCIENCE BIT

During your membership you will also get an insight into the science aspect of ponies, including hoof health and horse anatomy. In fact, you'll learn what makes them tick, not forgetting some key lessons in practical pony care, including pony massage and nutrition. After earning all 15 of your science badges, you will come out the other side a more knowledgeable pony lover. Here you can delve into facts about the digestion system and circulation, not to mention learn about any potential diseases and health conditions ponies are prone to - you will explore what it's really like to think like a pony.